

# NALAPAD NewsBytes

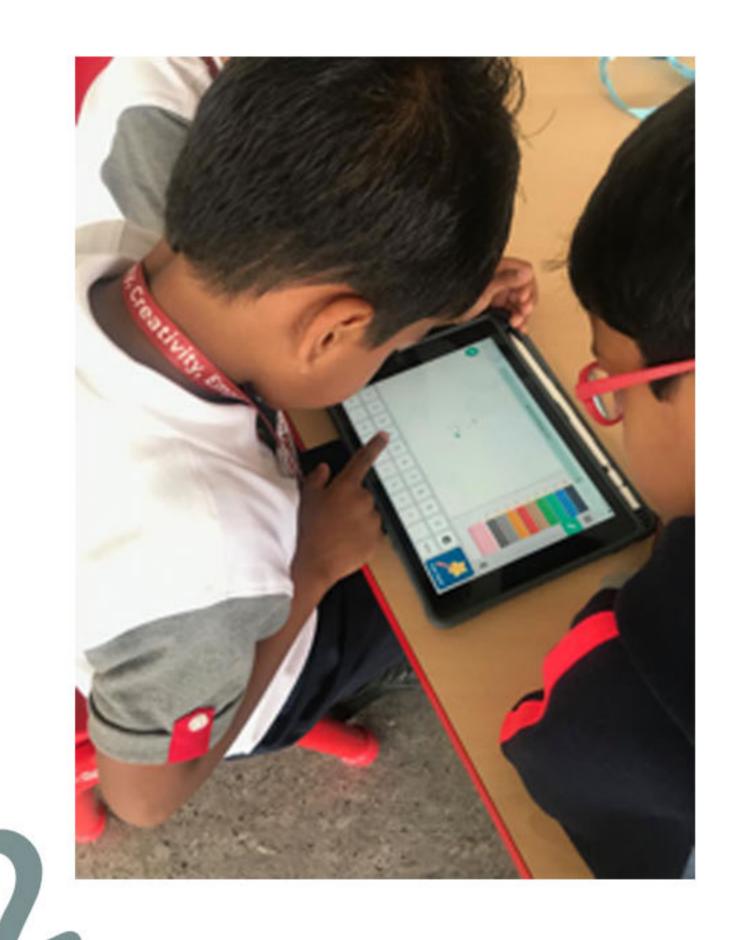
October

#### **PRODIGY**



It is an adaptive Math game that integrates common-core Math (grades 1-7) into a fantasy style game that students love playing. It's an online video game with a built-in Mathematics curriculum that is geared toward elementary and middle school students. The game immerses students in a fantasy world that they can freely explore as they battle enemies, collect items, upgrade their characters, and interact with other classmates and players, all while answering Mathematics assessment questions that are tracked and monitored by the teacher.



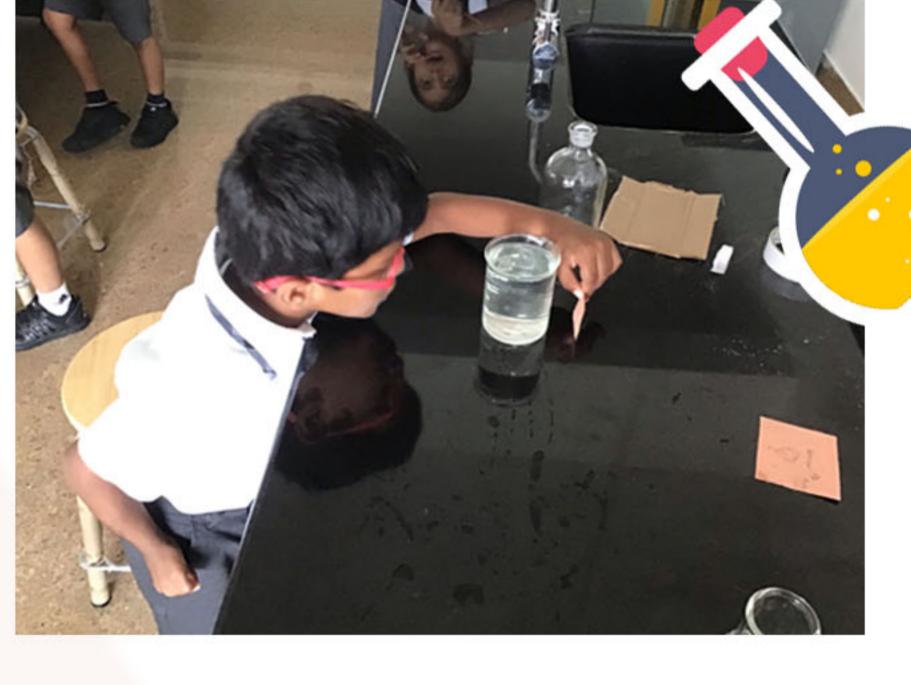




### SCIENCE PRACTICALS

#### SUPER FUELLED SCIENCE

Learning science through practicals is always fun. Students enjoy to their fullest when they learn through practicals. Students wait for their practical classes and to learn new concepts through experiments. This month, the students explored topics like capillary action (walking water experiment), density, the principle and working of a steam engine, model of volcano, refraction(changing arrow experiment). Students learnt in detail about the basic concepts involved in the phenomenon and enjoyed doing experiments on it.













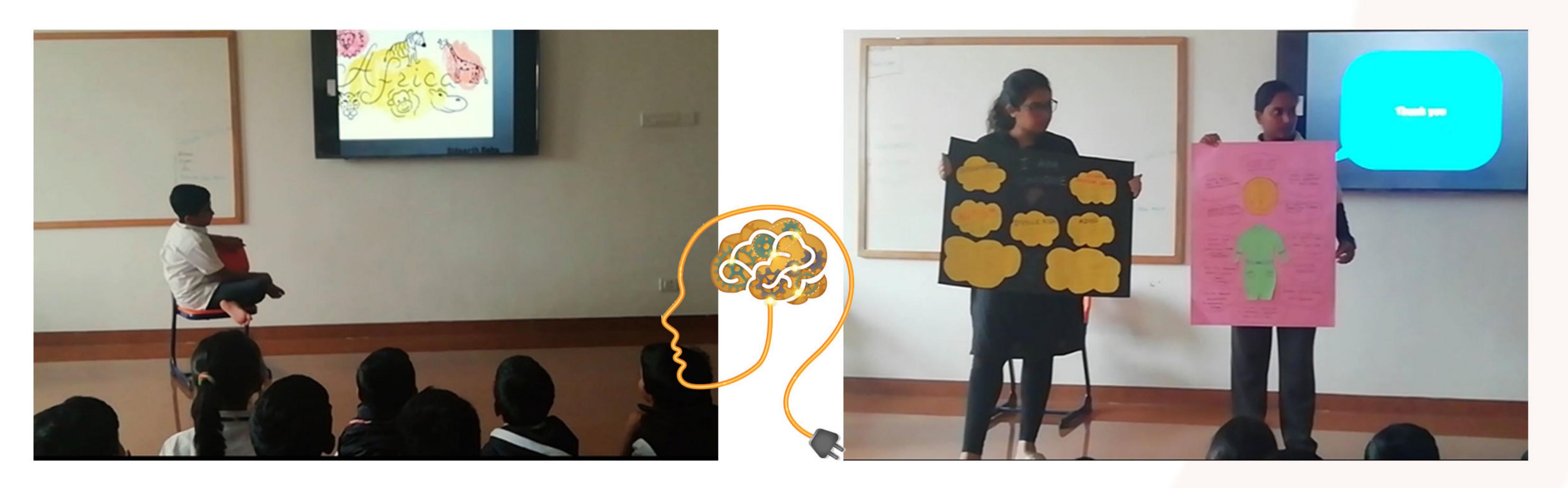
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### ASSEMBLY- WORLD MENTAL HEALTH DAY

Mental health awareness is an important issue for all educators, who are often the first line of defense for their students. Education professionals have recognized the impact that a student's mental health has on learning and achievement, and they realize that there's a great deal that can be done to help students with mental health issues.

With the prevalence of mental health issues in our society, it's astounding that we still tend to stigmatize mental illnesses. Many mental health misconceptions still exist.

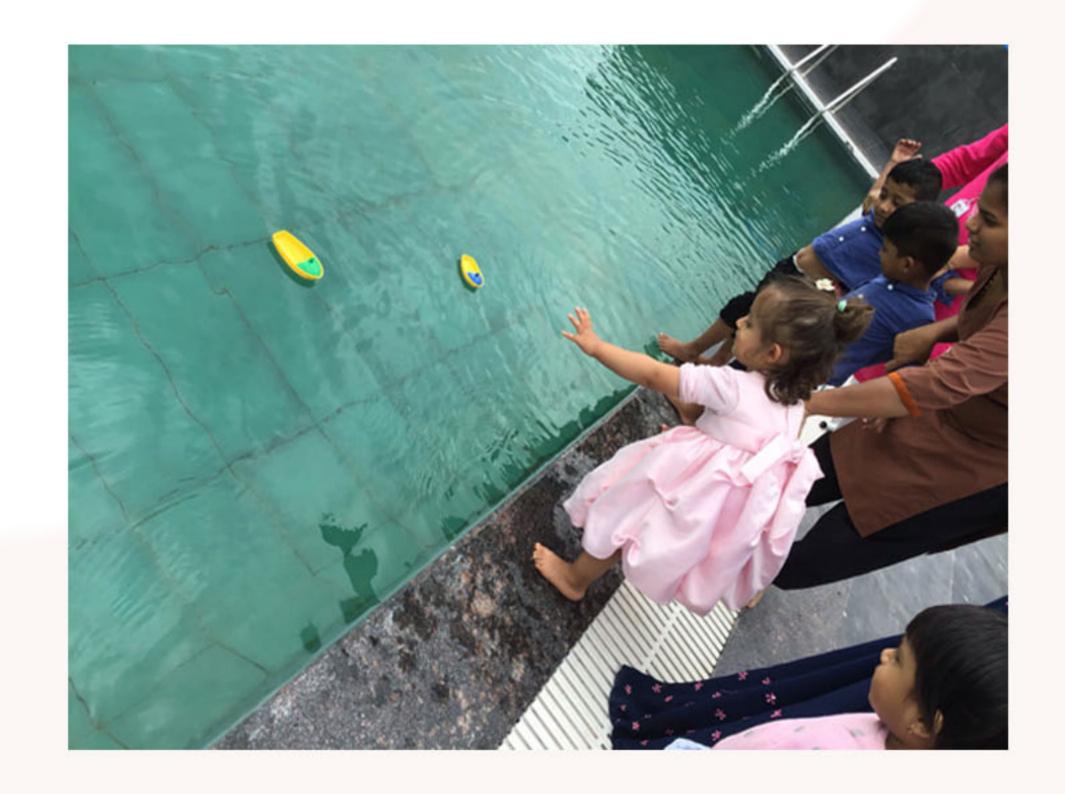
Because mental health issues often begin during the school-age years, it's becoming more and more apparent that mental health education needs to start at an early age. Because children spend so much of their daily life at school, it seems logical that mental health education should begin in schools. The breaking down of stigma and misconceptions about mental illness has to start in schools. School is where friendships begin. It is where teens hone their sense of self-worth. It's also the place where children need to learn that their behaviour towards others can cause serious self-worth issues. Many students experience conflicts, bullying and social exclusion at school. Acknowledging the importance of mental health, Nalapad Academy conducted an assembly where teachers took an active part in helping the students understand the role of mental health in one's holistic development. The need for seeking help to deal with problems was promoted. The session enabled the students to have a positive outlook towards mental health and help them become more sensitive and accepting towards people with mental illnesses.



### **CURIOUS LEARNERS OF EY2**

We introduced the theme of 'waterways' to our toddlers. We discussed how water transport is the cheapest mode of transport. It carries bulky goods over long distances. This type of transport is suitable for small ships as well as boats. To make them understand the concept of waterways, they explored and enjoyed sailing the boats in the water trays.









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### CULMINATION OF THE THEME "FOOD WE EAT"

With an objective to educate children about the importance and consumption of fruits and vegetables in our regular diet, the little ones from EY3, FS1 and FS2 celebrated Fruit and Vegetable Day. As a part of culmination of the unit, Children were encouraged to speak about the importance of vegetables and fruits in their meals using some props. They understood the importance of fruits' and vegetables' intake in diet for mental and physical growth. The tiny tots also learned more about the taste, smell, color and texture of each fruit and vegetable. Children clearly understood the importance of washing the fruits and vegetables before eating or cooking and about the benefits of eating fresh fruits and vegetables. Children and teachers sang the fruit and vegetable rhyme with great zest, enthusiasm and vigor, enjoying the moments of joy and happiness on this special day. All the children were found to be quite thrilled and were positive on the fact that vegetables and fruits are better than junk food.

