

October - November

#### **VISUAL ART**

Visual art creates a positive learning environment where the children have the opportunity to express their own ideas, imagination, and creativity. The children were encouraged to explore their creativity by painting, drawing, cutting out pictures and pasting them and making crafty things.















#### **Grandparents Day!**

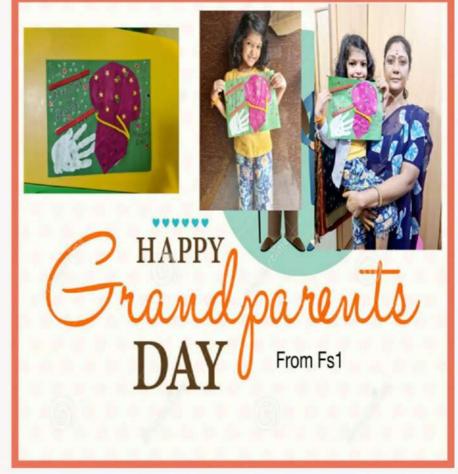
Grandparents are blessings from God who are irreplaceable. We at Nalapad academy celebrated Grandparents' day on September 13th.

The children made greeting cards to express their love and spoke a few words about their grandparents.











# STEM (SCIENCE TECHNOLOGY ENGINEERING MATHEMATICS) BASED ACTIVITY

Students made a model of a square using DIY (Do It Yourself) with available materials at their home.

While making the model of square with ice cream stick, paper, glue, etc., students applied the concept of science by understanding the shape of the objects, math by counting the number of sides of the object and engineering concepts by designing their model.

Students also made a model of a Grabber using DIY (Do It Yourself) with available materials at their home. While making the model of grabber with ice cream stick, paper, glue, etc., students applied the concept of friction and weight to lift their object using a grabber without touching the object in the hand.

Students also made a model of a bridge using DIY (Do It Yourself) with available materials at their home.









#### SCIENCE WEEK

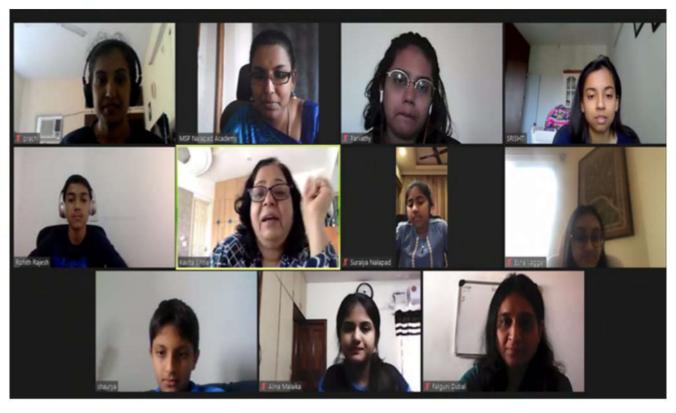
Science week is celebrated with great enthusiasm from grade 6 to 9 between 21.9.2020 to 25.9.2020. Students were given the opportunity to learn various concepts and theories. They really enjoyed exploring new phenomena and gave active participation.

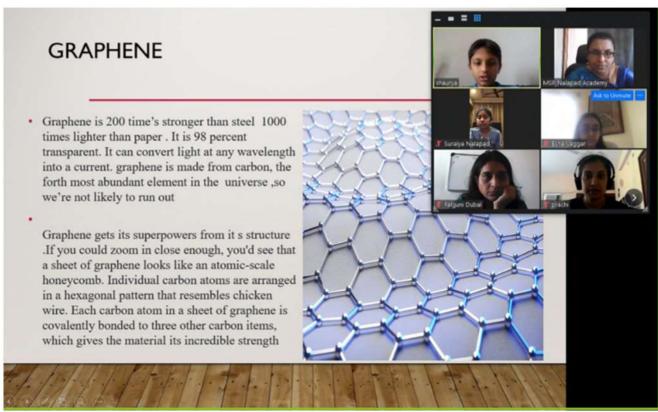
Grade 6 Suraiya shared the chemistry of dosa and reason for the tears while cutting onions. Shaurya from the same grade explained about graphene, properties and its applications.

Students from grade 8 Esha, Alina, Rohith explained about the structure of the atom, photosynthesis and Pressure respectively. Video entitled "10 Mind blowing New technologies that will change the world" thrilled the students, and served as a real eye opener. Finally, Srishti from grade 9 explained about International space station [ISS] and its function with the help of PPT. We concluded the programme with National Anthem.









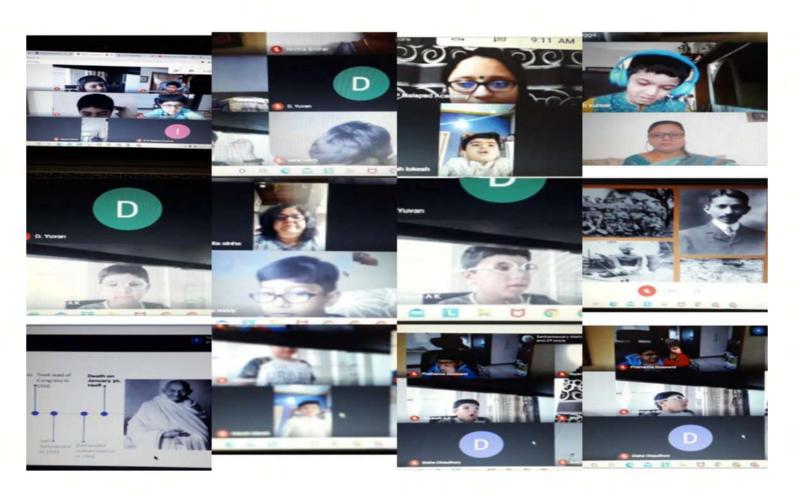
Overall programme gave the students more confidence and took them beyond the textbook. Students were able to relate the concepts they have learnt with their real-life examples and applications.



#### Virtual Gandhi Jayanthi Celebration.

The pandemic didn't dampen the spirit of our students in Nalapad academy to celebrate Gandhi Jayanthi. The current affairs club put up a fine show by telling all of us about the importance of Gandhi Jayanthi.

Not only did we all hear about some unknown facts about Mahatma Gandhi from Esha but, we also had Ritwik, Kaithya, Reyansh AK and Reyansh kumar tell us about how our father of nation was the leader of India's non-violent independence movement against British rule. They also enlightened us about the different movements he led. We also had Parthiv recite a poem beautifully about the same!



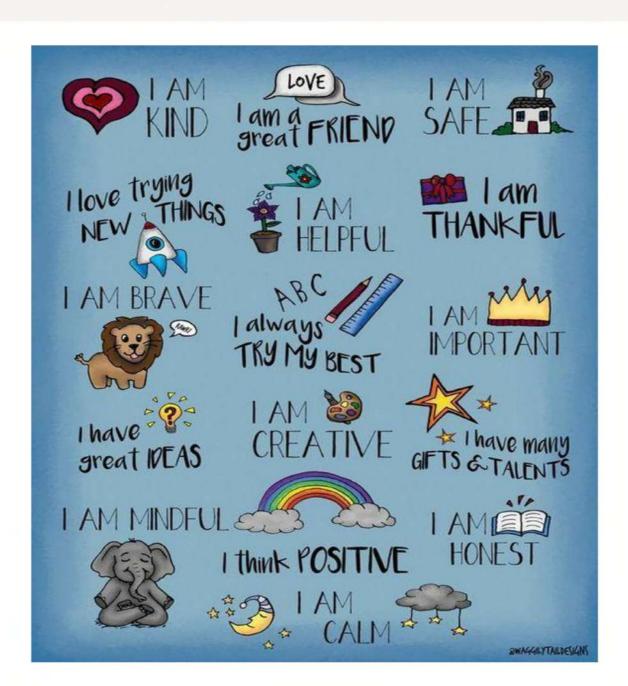
We ended the program with our Principal, Kavita ma'am telling us an amazing story about Gandhiji's honesty and a national anthem, sung by Sudha ma'am.



#### Mental Health Awareness Day

Each year, Mental Health Awareness month is in May. While Mental Health Awareness Week takes place during the first full week of October. These essential campaigns seek to raise awareness and educate the public on mental illnesses like depression, bipolar disorder, and schizophrenia.

These Mental Health Awareness writing prompts seek to educate students about mental health issues—what they look like, what dangers they may cause, and what to do if they feel like they are struggling themselves.





Students will consider questions such as "What would you do if a friend told you they were going to hurt themselves?" and "Why is self-care an important part of mental health?". In reflecting on these questions, students will gain a deeper understanding of how to recognize when someone needs help—and what to do if they ever feel like their own mental health is suffering.





